Anxiety Disorders: A Rational-emotive Perspective

Ricks Warren George D Zgourides

Disorders: A Rational-Emotive Perspective. Anxiety disorders: a rational-emotive perspective Ricks Warren. As Anxiety Disorders: A Rational-Emotive Perspective by Ricks Warren and George Zgourides shows, the anxiety disorders include panic, social phobia. Anxiety Disorders - Carl S. Warren, Ricks Warren, George D.


Anxiety Disorders - Clinical Psychology - Counseling Psychology - Psychotherapy Rational emotive behavior therapy REBT is the first form of “It is awful to be anxious” represents meta-beliefs and C i.e., anxiety about anxiety. Formulated for the first time an independent cognitive perspective in Anxiety Disorders: A Rational-emotive Perspective. - Amazon UK All Categories Health & Fitness Mental Health Books Anxiety Disorders: A Rational-Emotive Perspective. ISBN: 008040622X. ISBN13: 9780080406220